Physical Education Log Sheet

Student _____ **Grade / age group** _____ **State** _____ **Month and year** _____ **School year** _____

Category: Curriculum lesson · Skill drill · Co-op / family session · Training session · Season match · Outside provider session · Physical activity (parent-recorded) · Health & sport science (classroom). Write the start and end time as well as the minutes: states that review a portfolio ask when each session happened, not only how long it was.

Date	Time	Minutes	Category	Topic / Drill	Notes	Initials

Sessions this month _____ **Minutes this month** _____ **Hours this month** _____ **Hours, school year to date** _____

Parent / Guardian Certification

I certify that the sessions above accurately represent the physical education instruction provided to _____ during this month.

_____ _____

Parent / Guardian Signature Date

Free printable from spatrian.com. Your state's hours and what it asks you to keep are at spatrian.com/states.